



## 2023 CC7D ESSENTIAL ELEMENTS

### Essential Element Prop A flower

A prop is an inanimate object, not a character.  
The prop must be handled on-screen. It may be handled by any character.  
Handled means that it is held in any character's hand(s) while on-screen.  
The flower must be fully-formed (not a bud).  
Handling the stem of the flower will be accepted as holding the flower.

### Essential Element Character Casey/KC/Kasey, a person who struggles with flexibility

NOTE: The character's name does not have to be said, but it must be clear that it is Casey/KC/Kasey, a person who struggles with flexibility

The character must appear on-screen at some point in your film.

Casey/KC/Kasey does not have to be the main character in the film.

### Essential Element Line "You made that look easy." OR "You made that look difficult."

You must pick at least ONE of the options - easy or difficult. You can use both, but at least one of the lines must comply with the CC7D Rules.

The line must be EXACT. For example, the actor cannot say, "You make this look easy."

Additional words cannot be incorporated into the words that make up the line.  
For example, the actor cannot say, "You made that look SO difficult."

The line can be said at the beginning of a full sentence, at the end of a full sentence or in the middle of a full sentence. It can also be the entire line.

Failing to say the line exactly as it is written will lead to disqualification.

The line must be clear, distinct and audible. CC7D Steer Comm reserves the right to determine the audible clarity of the Essential Element Line.

The line may be spoken, sung and/or written.

If written, the line must appear on-screen and be clearly visible.

The line may be spoken in a foreign language; however, an EXACT English translation must appear on-screen.

(see reverse)

# The 4th Element

## The Parts of Speech Challenge

There are three buckets placed at the registration table front of the stage.

One bucket contains random NOUNS, one bucket contains random VERBS, and one bucket contains random ADJECTIVES or ADVERBS.

You will pick one word from each bucket. The NOUN you choose, the VERB you choose, and the ADJECTIVE or ADVERB you choose must be presented in your film.

The 4th Element is fulfilled by including the timestamp of when the NOUN, VERB, and ADJECTIVE or ADVERB is presented in your film on the CC7D 2023 Essential Elements Form.

The CC7D 2023 Essential Elements Form must be completed and turned in with your movie on July 12th, along with your other filmmaker documents.

CC7D Steer Comm will take note of the words that you draw from the bucket.

If the Team Leader does not like the first word drawn, they will be given one additional opportunity to draw a different word. BE WARNED - the second word drawn is the word that you must use.

So be 100% certain that you are not happy with the first word drawn... because the second word could be even less to your liking.

Discarded words are returned to the bucket for other team leaders to draw.

Selected words **WILL NOT** be put back in the bucket, making the combination of words used for each CC7D film unique for each team.



Teams **CAN NOT** swap words.

Please make sure that the CC7D Steer Comm has your final words documented before you leave House of Rock on July 5th, 2023.



**Now get out there and have some fun making your 2023 CC7D Film!**



**It's better to be safe than sorry!**

**Talk to the CC7D Steer Comm if you have any questions or need clarification on the Essential Elements, the CC7D Rules or need any assistance, please email [infocc7d@gmail.com](mailto:infocc7d@gmail.com).**

